

TIGHTEN THE KNOT



Date 3: Let's Dream

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Go to homepointe.org/tightentheknot to watch a special video to guide you through this date together.

Dreaming with your spouse can revolutionize your marriage. Dreaming together and looking ahead to your future will help:

- Foster a close connection and strengthen your marriage bond
- Provide a great way to support, encourage and pray for each other
- Create an environment for your marriage to grow as you share your heart and passions
- Give common goals and dreams to work toward together

Take time to sit down and share what you would like to achieve together and individually. With a plan, you are able to work toward and achieve dreams for the future. It allows time for you and your spouse to talk about your hopes and dreams. Weave together personal, family and marriage goals in a way that complement each other. This is a great way to make sure that no one is disappointed and no dream is left behind.

ADVANCE PREPARATION:

What are some dreams you have in the following areas: Family, Marriage, Career, Finances, Spiritual, and Personal? Each spouse take time and separately “dreamstorm” by filling in the *DreamStorming* sheet included in this envelope. Designate in the square box which category your dream falls in. Schedule a time/date to sit and share your list of dreams with each other.

DREAMING TOGETHER:

- 1 Spend time sharing your dreams with each other.
- 2 After you have shared your list, ask your spouse to mark a 1, 2 or 3 in the circle beside each dream using the following scale:
 - 1 = That is my dream too. Let's do it together.
 - 2 = That is not my dream, but I am thrilled for you and will support you to fulfill this dream (*ex: help with kids, time off, pray, financial investment, etc.*).
 - 3 = I am sorry, I can't support that (*ex: not good for children, too risky, etc.*).
- 3 Identify the top two dreams for each spouse that have either a 1 or 2 next to them.
 - Transfer those dreams onto the *Dream Sheet*. Write out possible obstacles, strategies and specific action steps with deadlines and assigned responsibilities. The goal is to create a plan to work together to make your dreams become reality.
- 5 Go ahead and set a date (*preferably in the next several weeks*) to check in, give updates and review the dream progress. This will also help you to pray intelligently for and with each other.
- 6 Finish your time by praying and asking the Lord to bind your hearts together as you partner to achieve your mutual dreams.